



Aerial Dance Workshops with öff öff in Kappelen

Monthly Saturday Aerial Dance Trainings

Dates: 6th of February, 6th of March, 27th of March, 1st of May, 5th of June 2010

13.00-17.00h unless otherwise notified

Individual work in smaller groups coached by of one aerial teacher per session.

Aim: to deepen the aerial skills learnt in the basic workshop, and keeping on a regular progress.

For people who:

- 1) have already done a basic introductory aerial dance workshop by öff öff
- 2) have extensive previous knowledge and experience of aerial skills and/or a degree from a circus school (specialization in any two aerial disciplines).

Price: 60 CHF per training

Teachers: Heidi Aemisegger, Alexa von Wehren, Laura Tikka

Co-ordination, information & bookings: Jenni Arne (jenni@oeffoeff.ch)

Important: insurance is up to the participante himself